

## PROGRAMME DE FONCTIONNEMENT DU COMPLEXE COUVERT 2010-2011

		MATIN						APRES-MIDI														
SEANCE		6 - 7	7 - 8	8 - 9	9 - 10	10 - 11	11 - 12	12 - 13	13 - 14	14 - 15	15 - 16	16 - 17	17 - 18	18 - 19	19 - 20	20 - 21	21 - 22					
LUNDI	PISCINE	ENTRETIEN HEBDOMADAIRE						M	M	M	R	F	AQUA	Eq. N	Eq. N	I	M	M				
	FITNESS							F	M	R	F	F	M	M	M	M	M	M	M	M	M	M
	BAIN/SAUNA							H	H	F	F	H	F	F	H	F	F	H	H	H	H	H
MARDI	PISCINE	M	M	F	F	M	M	M	M	R	R	F	AQUA	Eq. N	Eq. N	M	M					
	FITNESS	M	M	M	F	M	M	F	H	R	F	M	M	M	M	M	M					
	BAIN/SAUNA	H	H	H	F	F	H	H	H	F	F	H	H	H	F	F	H					
MERCREDI	PISCINE	M	M	F	R	M	F	M	F	Ecole N	Ecole N	Ecole N	Eq. N	Eq. N	Eq. N	I	M	M				
	FITNESS	R	M	M	M	F	F	M	M	M	F	F	F	M	M	M	M	M				
	BAIN/SAUNA	H	H	H	H	F	H	F	F	F	F	H	F	H	H	H	H	H				
JEUDI	PISCINE	M	M	M	R	F	M	M	M	R	R	F	AQUA	Eq. N	Eq. N	M	M					
	FITNESS	M	M	M	F	M	M	F	M	R	F	M	M	M	M	M	M	M				
	BAIN/SAUNA	H	H	H	F	F	H	H	H	F	F	H	H	H	F	F	H					
VENDREDI	PISCINE	M	M	M	F	M	M	F	F	R	F	M	F	Eq. N	Eq. N	M	M					
	FITNESS	M	M	M	M	F	F	M	M	R	F	F	M	M	M	M	M					
	BAIN/SAUNA	H	H	H	F	F	H	H	H	F	F	F	F	H	H	H	H					
SAMEDI	PISCINE	M	M	M	F	AQUA F	M	M	F	Ecole N	Ecole N	Ecole N	Eq. N	Eq. N	M	M						
	FITNESS	M	M	F	F	M	M	M	M	M	M	M	M	M	M	M						
	BAIN/SAUNA	H	H	H	F	F	H	H	H	F	F	F	H	H	H	H						
DIMANCHE	PISCINE		M	M	F	Ecole N	Ecole N	M	M	F	F	F	M	M	M	M						
	FITNESS		R	M	M	M	M	M	R	R	M	M	M	M	M	M						
	BAIN/SAUNA		H	H	F	F	H	H	H	F	F	F	H	H	H	H						